

## COURSE SYLLABUS

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# Spiritual Life Basics

Our Daily Bread University

## Course Description

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The New Testament challenges each of us to “grow in the grace and knowledge of our Lord and Savior Jesus Christ” (2 Peter 3:18). What does this mean and how do we do this?

The *Spiritual Life Basics* course begins with explaining how to know for sure that you have eternal life through Jesus Christ. Then you learn how to develop and grow in your relationship with Jesus through reading the Bible, learning how to talk to God in prayer, and the importance of being part of a community of believers and sharing your faith in Jesus with other people. Begin growing in the grace and knowledge of Jesus Christ today!

## Course Objectives

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Upon completion of this course, you should be able to:

- Explain the motivation for spiritual growth and understand the relationship of prayer, Bible study, fellowship, and witnessing.
- Understand how to prioritize and cultivate meaningful devotional time.
- Explain how to enhance your own prayer life and explain how Jesus Christ made prayer a priority.
- Explain why church involvement is important and understand the benefits and responsibilities of church involvement.
- Understand techniques for sharing a personal testimony of coming to Christ and explaining the gospel to someone.

## Course Methods

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Throughout this course, a number of methods will be used to engage you in understanding, processing and applying the information learned in this course to your life. These methods include the following:

- **Video-based teaching**  
The primary teaching session in each lesson is provided in video format. If you do not have the bandwidth required to view the video, we provide the option of listening to the lesson or reading the lesson from a transcript.

- **Additional Resources**

Lessons may be accompanied by additional readings, images, etc. that you can use to supplement your learning.

**Important note about the lesson lectures:**

This course uses numerous Scripture references included as support for each point. Students are encouraged to move slowly through each lesson and use the “pause” button, allowing them to look up the related Scripture references. Or as an alternative, students may read the transcript of the lesson to review the Scripture references. This will strengthen understanding of the lesson content.

## Course Requirements

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To earn a Certificate of Completion, you must complete the course requirements. Course requirements include:

1. Viewing the following for each lesson:
  - **Lesson Overview:** A brief outline of what the lecturer will cover in the lesson.
  - **Lesson Objectives:** Objectives describe the learning outcomes you should achieve by the end of the lesson.
  - **Lectures:** 10-20 minute lessons that can be viewed as many times as needed.
2. Responding to the discussion questions for each lesson.
3. Earning a 70% or higher score on each lesson Quiz and the Final Exam.  
Quizzes and the Final Exam will cover the material presented in the lectures.