Lesson 5 Study Guide

CC201
SoulCare Foundations I: The Basic Model
Brokenness: The Key to Releasing the Power of SoulCare
Updated 2015
Objectives

In this lesson, Dr. Crabb describes the process that begins with facing one’s self-centeredness, and leads to the discovery of “holy passions,” which, when released, result in SoulCare.

When you complete this lesson, “Brokenness: The Key to Releasing the Power of SoulCare,” you should be able to:

- Give an example of a self-centered approach to SoulCare.
- Describe the passion/wisdom method of counseling others.
- Define *passion* as used in the SoulCare discussions.
- Explain the concept of *inadequacy* as it relates to SoulCare.
Discussion Questions

Describe an event where your visible behavior (above the waterline) appeared commendable, but your inside look revealed a profoundly self-centered motivation. To better understand the reality of brokenness, consider what stirs within you as you face your subtle self-centeredness. Write out your reflections and contemplate where this discovery might lead you, both as a SoulCarer and in your walk with God.

Do you agree with Dr. Crabb, that holy passions reside in the center of a believer’s being? Explain your answer and use Scripture to back your reasoning.

When you face your self-centeredness, you are not drawn to it (refer to your answer to Part 1, above). How does that fact validate the reality that there is something better and deeper in you?
Quiz

1. Embracing your personal inadequacy allows you to:
   A. View your inadequacy as a source of delight
   B. Take the pressure off yourself
   C. Become a conduit of the Spirit
   D. All of the above

2. According to Dr. Crabb, what exists beneath self-centeredness in all believers?
   A. Selfishness
   B. Love
   C. Inadequacy
   D. All of the above

3. Dr. Crabb has developed a passion/wisdom model of SoulCare. In this lesson, how does he refer to the wisdom part of that model?
   A. Speaking truth
   B. Having love
   C. Studying hard
   D. Feeling inadequate

4. Which of the following is required to become an effective provider of SoulCare?
   A. Brokenness
   B. Confidence
   C. A good education
   D. None of the above

5. What are holy passions?
   A. Passions that exist only in people who feel close to God
   B. Passions that reflect the heart of God
   C. Passions that require wisdom
   D. None of the above

6. How does Dr. Crabb describe “counterfeit love”?
   A. Fake love that is selfish and takes into account nobody else
   B. Love that grows from supernatural powers
   C. Offering empathy and good advice, but not revealing God and living in His power
   D. Offering to send a friend to another counselor when you know you are inadequate

7. Self-centeredness:
   A. May look good on the outside
   B. May make others feel good
   C. Does not honor God
   D. All of the above
8. In selfishness, the ruling passion can be expressed as:
   A. “I want to please God.”
   B. “I am only going to think about myself.”
   C. “I want to please others.”
   D. A and C above

9. Selfishness does not reveal itself “above the waterline.”
   A. True
   B. False

10. What does Dr. Crabb say can release our holy passions?
    A. Desire
    B. Counterfeit love
    C. The Spirit of God
    D. Practice