

Lesson 1 Study Guide

CC202

SoulCare Foundations II: Understanding People and Problems

The Key Concepts in SoulCare: Review and
Introduction to Building on Them

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Our Daily Bread
Christian University

Objectives

In this lesson, you will review the ten key concepts of the Basic Model of SoulCare taught in SoulCare Foundations I. When you complete this lesson, you should have a grasp of the biblical foundations necessary for understanding people and their problems.

When you complete this lesson, “The Key Concepts in SoulCare: Review and Introduction to Building on Them,” you should be able to:

- Articulate the powerful potential of SoulCare related to the release of spiritual passion.
- Describe ways in which a SoulCare provider can engage in the development of spiritual wisdom.
- Express a genuine curiosity about people, their problems, and their motivations.

Discussion Questions

In three or four sentences, write down your understanding of each concept.

1. *Turning chairs* toward one another so that souls meet.
2. *Compelling vision* for one another that makes you excited about what the Lord can do.
3. *Inside look* that sees the good, the bad, and the ugly beneath a person's outward appearance.
4. *Ruling passions*—those motives that guide the SoulCare provider as he or she provides SoulCare.
5. *Brokenness*—the realization that self-interest competes with love as we provide SoulCare.
6. *Self-Need*—the desire to feel good about one's self that obscures soul-thirst, the longing to know God and reveal Him to others.
7. *Curiosity and vision* that replace analysis and control with a desire to know another and to see that person become more like Jesus.
8. *Wisdom* from the Bible that tells us what to look for as we enter another's soul.
9. *Reframing* from external concerns to internal concerns.
10. *The power of SoulCare*—the conviction that God could use me to make a real difference in another person's life.

Quiz

1. The curiosity practiced in SoulCare includes which of the following?
 - A. A thirst to know another person deeply
 - B. A drive to help people grow spiritually
 - C. The giftedness to provide wise advice
 - D. The desire to analyze peoples' problems
2. If you were to engage in SoulCare with a friend, your "compelling vision" for that person might be:
 - A. That your friend's life will improve
 - B. That your friend will have a happy, healthy, godly marriage
 - C. That your friend's desire to know God will become the greatest appetite he or she has
 - D. Seeing your friend grow to have a more obedient walk with God
3. What does Dr. Crabb call his model for SoulCare?
 - A. A passion/wisdom model
 - B. A question/answer model
 - C. A problem/solution model
 - D. A knowledge/desire model
4. Reframing a person's problem helps us to:
 - A. Show the person how valuable our compelling vision for them is
 - B. Shift our attention from the immediate problem to the story of the person's soul
 - C. Bring the person's focus back to the wisdom of the Bible
 - D. All of the above
5. What does it mean to "turn our chair" toward another person?
 - A. Encouraging, affirming, and praying with the person
 - B. Making eye contact, using positive body language, and calling them by name when speaking with them
 - C. Striving to deeply know, explore, discover, and touch the person in our relationship with them
 - D. Asking the person to come to church
6. What are ruling passions?
 - A. The passions in your heart that are motivating you at any given moment
 - B. The passions that God planted in your heart to love others as you love yourself
 - C. The passions you use to control a SoulCare conversation
 - D. None of the above

7. Why is self-need a barrier to authentic SoulCare?
 - A. It stifles humility.
 - B. It creates a desire to analyze people.
 - C. It quenches the Spirit.
 - D. All of the above
8. Why is experiencing brokenness required in order to provide effective SoulCare?
 - A. It creates a space for learning to give more effective counsel.
 - B. It leads to increased confidence.
 - C. It leads to absolute dependency on God.
 - D. All of the above
9. What does Dr. Crabb call the process of entering the depths of your soul to see what's going on beneath the surface?
 - A. Compelling vision
 - B. Inside look
 - C. Passion
 - D. Wisdom
10. We can become agents of the Holy Spirit to stir people's appetites for God.
 - A. True
 - B. False

Answers: 1. A 2. C 3. A 4. B 5. C 6. A 7. D 8. C 9. B 10. A