

# Listening Guide

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This Listening Guide is designed to help you ask questions and take notes on what you're learning. The process will accomplish two things: first, it will help process the information in the lecture by keeping your mind engaged with the material. Second, it will allow you to collect your notes in one place for a summary of the lesson's content. If you choose to do additional study or want to teach the material to others, you will have a thorough set of notes to guide you.

You may print these Listening Guide pages separately and complete the information as you read, listen to, or watch the lessons. Or as an alternative, you can fill in the fields in this digital version and save to your computer once you are finished.

## I. Introduction

## II. What are Boundaries?

A. Definition of a Boundary: A \_\_\_\_\_ line

B. Purpose:

- They \_\_\_\_\_
- They \_\_\_\_\_

C. Examples

- Words
- Truth
- Distance
- Time

D. What They Protect: Your Treasures

- Your \_\_\_\_\_

- Your \_\_\_\_\_
- Your \_\_\_\_\_

### **III. Aspects of Leadership**

A. Ownership

B. Self-Control

C. Love

### **IV. Obstacles**

A. Internal \_\_\_\_\_

- Fear of loss of love
- Fear of wrath
- Guilt

B. Organizational Structure Problems

C. Lack of \_\_\_\_\_

D. Division of Love and Limits

E. Lack of \_\_\_\_\_

### **V. Skill**

A. Honesty

B. Separate

C. Practice “The Talk”/Confrontation