

## COURSE SYLLABUS

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# Making Choices That Will Transform Your Marriage

Course Lecturer: Ron Welch, PsyD

## Course Description

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Marriage is hard. It requires work. And sometimes all of that hard work can feel as if it's getting you nowhere. If you've settled for "good enough" in your marriage, if you feel hopeless, if you want to give up, or even if you've already quit trying, take heart. You CAN transform your marriage. In this course, Dr. Ron Welch, psychologist and professor at Denver Seminary, will walk you through several principles from his book *10 Choices Successful Couples Make*. You will learn how to make specific choices that will help you in every facet of your marriage; and, most importantly, you will discover why you have reason to hope for a transformed marriage in which you and your spouse can help each other grow into the people that God intended you to be.

## Course Objectives

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Upon completion of this course, you should be able to:

- Articulate why you have reason to hope for transformation in your marriage.
- Explain how to make choices that will help you and your spouse more lovingly navigate conflict and past transgressions.
- Explain what it means to choose unselfishness in your marriage.
- Describe what true forgiveness looks like and how to achieve it.
- Take steps to eliminate negative assumptions in your marriage.
- Implement communication rules that will help you achieve positive communication with your spouse.
- Move forward down a path that will help you achieve true intimacy with your spouse and transform your marriage for a lifetime.

## Course Lecturer

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*Ron Welch, PsyD*

**Education:**

- Central Michigan University, PsyD and MA
- University of Denver, BA
- Diplomate in Professional Counseling

### Teaching Career:

- Professor of Counseling and Co-Chair of the Counseling Division, Denver Seminary
- Associate Professor of Psychology and Chair of the Psychology Department, Colorado Christian University

### Other Career Highlights:

- 25+ years of clinical practice in marriage, family, group, and individual work
- Licensed clinical psychologist since 1997
- Owner, Transformational Marriage™
- Clinical Psychologist, Federal Bureau of Prisons
- Speaker both locally and nationally on issues related to power and control in marriage
- Presenter at numerous professional conferences

### Publications:

- Author of *10 Choices Successful Couples Make: The Secret to Love that Lasts a Lifetime* and *The Controlling Husband: What Every Woman Needs to Know*
- Author of several book chapters and articles

## Course Methods

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Throughout this course, a number of methods will be used to engage you in understanding, processing and applying the information learned in this course to your life. These methods include the following:

- **Video-based teaching**  
The primary teaching session in each lesson is provided in video format. If you do not have the bandwidth required to view the video, we provide the option of listening to the lesson or reading the lesson from a transcript.
- **Additional Resources**  
Lessons may be accompanied by additional readings, images, etc. that you can use to supplement your learning.

## Course Requirements

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To earn a Certificate of Completion, you must complete the course requirements. Course requirements include:

1. Viewing the following for each lesson:
  - **Lesson Overview:** A brief outline of what the lecturer will cover in the lesson.
  - **Lesson Objectives:** Objectives describe the learning outcomes you should achieve by the end of the lesson.
  - **Lectures:** 10 minute lessons that can be viewed as many times as needed.
2. Responding to the discussion questions for each lesson.

3. Earning a 70% or higher score on each lesson Quiz and the Final Exam.  
Quizzes and the Final Exam will cover the material presented in the lectures.