

## COURSE SYLLABUS

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# SoulCare Foundations I: The Basic Model

Course Lecturer: Larry Crabb, PhD

## Course Description

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This course is designed to help you enter people's interior lives at a meaningful level and make a lasting difference as they deal with life's struggles and crises. Some people call this type of help "counseling." Others call this help "pastoring." And perhaps others think of this kind of involvement as what one friend does for another friend. Larry Crabb uses the word *SoulCare*, with its focus on the inner life, where we become who we were intended and long to be.

## Course Objectives

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Upon completion of this course, you should be able to:

- Understand the basic model of SoulCare.
- Resist temptation to keep relationships shallow.
- Move into somebody's life (with the wisdom that knows how the soul works) in meaningful, deep, soul-connecting kinds of ways.

## Course Lecturer

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*Larry J. Crabb, PhD (1944-2021)*

**Education:**

- University of Illinois, MA and PhD
- Ursinus College, BS

**Teaching Career:**

- Distinguished Scholar in Residence, Colorado Christian University
- Adjunct Professor in Applied Theology, Regent College (1998-1999)
- Chairman and Professor of the Graduate Department of Biblical Counseling, Colorado Christian University (1989-1996)
- Visiting Professor, Richmond University
- Chairman and Professor of the Department for Biblical Counseling, Grace Theological Seminary (1982-1989)

- Assistant Professor and Director of the Psychological Counseling Center, Florida Atlantic University (1971-1973)
- Assistant Professor in Psychology, University of Illinois
- Trainer of leaders through various transformational seminars given at schools, churches, and other venues around the globe

### Other Career Highlights:

- Founder and Director of NewWay Ministries
- Licensed clinical psychologist in the state of Colorado
- Operator of his own private Christian psychology practice
- Spiritual Director for the American Association of Christian Counselors
- Member, Christian Association of Psychological Studies

### Publications:

- Award-winning author of more than 40 books, including *Connecting: Healing for Ourselves and Our Relationships*, *The PAPA Prayer: The Prayer You've Never Prayed*, *Effective Biblical Counseling*, *Finding God*, and *SoulTalk: The Language God Longs for Us to Speak*
- His works *Inside Out* and *Understanding People* both garnered Gold Medallion Awards from the Evangelical Christian Publishers Association.

## Course Methods

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Throughout this course, a number of methods will be used to engage you in understanding, processing and applying the information learned in this course to your life. These methods include the following:

- **Video-based teaching**  
The primary teaching session in each lesson is provided in video format. If you do not have the bandwidth required to view the video, we provide the option of listening to the lesson or reading the lesson from a transcript.
- **Additional Resources**  
Lessons may be accompanied by additional readings, images, etc. that you can use to supplement your learning.

## Course Requirements

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To earn a Certificate of Completion, you must complete the course requirements. Course requirements include:

1. Viewing the following for each lesson:
  - **Lesson Overview:** A brief outline of what the lecturer will cover in the lesson.
  - **Lesson Objectives:** Objectives describe the learning outcomes you should achieve by the end of the lesson.
  - **Lectures:** 20-30 minute lessons that can be viewed as many times as needed.

2. Responding to the discussion questions for each lesson.
3. Earning a 70% or higher score on each lesson Quiz and the Final Exam.  
Quizzes and the Final Exam will cover the material presented in the lectures.