

COURSE SYLLABUS

Leading from Your Strengths

Course Lecturers: John Trent, PhD and Rodney Cox

Course Description

This course is designed to help you not only discover your God-given strengths, but to also give you a foundation for building an even closer leadership team. The teaching by Dr. John Trent and Rodney Cox will share the core biblical principles they've seen strengthen teams and families across the country—and that can make a significant difference in your ministry team and family as well.

Course Objectives

Upon completion of this course, you should be able to:

- See biblically and practically why your strengths and the strengths of others around you really are “different by design.” You and your team members and family are “placed” in your life and team for a purpose.
- Understand the four predictable areas of conflict that every team and every family will face.
- Gain skills on turning potential conflicts into cooperation, closeness, and greater caring.
- Understand why it's important to surround your unique strengths with others who do not share your strengths.
- Accept that you do not need to be gifted in every area you desire in order to be an effective leader.

Course Lecturers



John Trent, PhD

Education:

- North Central Texas Federation of Colleges and Universities, PhD
- Dallas Theological Seminary, ThM
- Texas Christian University, BA

Teaching Career:

- Faculty member, Phoenix Seminary
- Adjunct Professor at multiple schools, including Azusa Pacific University, Bethel Seminary, and Liberty University

Other Career Highlights:

- President and Founder, StrongFamilies.com
- Has spoken to more than 60,000 people at churches across the United States through his “StrongFamilies in Stressful Times Seminar”
- Has addressed more than half a million men at Promise Keepers Conferences
- Main platform speaker at multiple seminars around the world, including the prestigious 2005 YPO Global Leadership Conference in Washington, D.C.
- Leader of team-building workshops for organizations, including Chick-fil-A, Media Arts Corporation, Northwestern Insurance, The Walt Disney Corporation, Universal Studios, and both the United States Army and the United States Marine Corps
- Ordained minister
- Featured guest on numerous radio and television programs, including *Insight for Living* with Chuck Swindoll, *Family Radio* with Dennis Rainey, *Prime Time* with Moody Broadcasting, *Focus on the Family* with James Dobson, and *The Oprah Winfrey Show*
- Involvement with multiple professional and honorary organizations and teacher for the American Association of Christian Counselors (AACC), the Christian Association for Psychological Studies (CAPS), and the American Marriage and Family Ministry (AMFM)

Publications:

- Internationally acclaimed writer and author of more than a dozen books, including *The Language of Love* (which was an Angel Award Winner), *The Treasure Tree* (one of seven children’s books he has written), and *The Blessing*, which has sold millions of copies and been translated into nine different languages
- Nominated for the ECPA’s Gold Medallion Award 17 times (he has won 14 Silver Medallions and 3 Gold Medallions)
- Published in various periodicals and journals, including *The American Association of Christian Counselors Magazine* and *Christian Parenting Magazine* (where he was a contributing columnist for 5 years)



Rodney Cox

Career Highlights:

- President/CEO and Founder of Ministry Insights International, which has developed profiles, books, trainings and resources to help Christian organizations and individuals build strong leaders, teams, marriages, and families
- Chief Business Development Officer for Target Training International (TTI) Success Insights
- Vice President, TTI
- Developed an advanced internet delivery system for strengths assessments, which was patented in 2001; he then re-purposed this profiling system for use in the Christian community, using it to build unity in the church, ministries, Christian marriages, and families
- Consultant, working with employers to hire and retain employees based on their strengths using world-class behavioral assessments developed by TTI with his clients to achieve excellent results
- Characterized as one of the most insightful men in the strengths movement

Publications:

- Author of multiple works, including the *Leading from Your Strengths* series, *Love and Money*, *Different by Design*, *The Discovery Kit*, and *Incredible Creatures Adventure Kit* (DVD Series)

Recommended Before You Take This Course

Although it's optional, to get the most out of these sessions we recommend completing the 20-page "Leading from Your Strengths Profile Assessment" available [here](#). Please note: Ministry Insights, creator of this assessment, charges for this personal strengths assessment tool. It is not free of charge.

Course Methods

Throughout this course, a number of methods will be used to engage you in understanding, processing and applying the information learned in this course to your life. These methods include the following:

- **Video-based teaching**
The primary teaching session in each lesson is provided in video format. If you do not have the bandwidth required to view the video, we provide the option of listening to the lesson or reading the lesson from a transcript.
- **Additional Resources**
Lessons may be accompanied by additional readings, images, etc. that you can use to supplement your learning.

Course Requirements

To earn a Certificate of Completion, you must complete the course requirements. Course requirements include:

1. Viewing the following for each lesson:
 - **Lesson Overview:** A brief outline of what the lecturer will cover in the lesson.
 - **Lesson Objectives:** Objectives describe the learning outcomes you should achieve by the end of the lesson.
 - **Lectures:** 10-20 minute lessons that can be viewed as many times as needed.
2. Earning a 70% or higher score on each lesson Quiz and the Final Exam.
Quizzes and the Final Exam will cover the material presented in the lectures.