

## COURSE SYLLABUS

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# 70X7: Finding Peace by Forgiving Others...And Yourself

Course Lecturer: Bruce Wilkinson, DD

### Course Description

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Something happened. It might have been yesterday. It might have been years ago. But it hurt. And it changed you. And unless you forgive those who wronged you, the heart wound will become infected and spread. Eventually, you can become a prisoner of your own wounded heart. If the story ended here, you would be hurt beyond healing. But the Good News is, it is not finished. In his creative, story-driven, highly motivating style, Bruce reveals from the words of Jesus Christ how you can find the freedom and peace your heart longs for. Discover forgiveness that is for real and forever.

This course relies heavily on the Course Workbook. Please save and/or print the workbook as a reference to the course lectures. You may also order a print version of the workbook from the websites noted below.

The content for this course is provided courtesy of Teach Every Nation (TEN). Additional courses and other resources are available at their websites: [www.tencourses.org](http://www.tencourses.org) (Internationally) or [www.brucewilkinsoncourses.org/](http://www.brucewilkinsoncourses.org/) (USA).

### Course Objectives

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Upon completion of this course, you should be able to:

- Explain the dangers of unforgiveness.
- Understand the requirements for lasting forgiveness.
- Understand God's view of vengeance.
- Explain how God can forgive anyone for anything.
- Follow the steps to forgive others.
- Follow the steps to forgive yourself.

## Course Lecturer

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*Bruce Wilkinson, DD*

### **Education:**

- Western Conservative Baptist Seminary, DD
- Dallas Theological Seminary, ThM
- Northeastern Bible College, BA and ThB

### **Career Highlights:**

- Founder and Chairman, Teach Every Nation
- Worked with key leaders in an African nation to restore national peace between white farmers and black workers, an effort that was announced as successful by the nation's president
- Led over 6,000 warring Ugandans from various tribes to find healing, forgiveness, and reconciliation in a weeklong leadership conference
- Brought reconciliation between various reformed and Pentecostal pastors and leaders in South Africa

### **Publications:**

- Noted published author, with works including *How to Forgive Others and Yourself*

## Course Methods

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Throughout this course, a number of methods will be used to engage you in understanding, processing and applying the information learned in this course to your life. These methods include the following:

- **Video-based teaching**

The primary teaching session in each lesson is provided in video format. If you do not have the bandwidth required to view the video, we provide the option of listening to the lesson or reading the lesson from a transcript.

- **Additional Resources**

Lessons may be accompanied by additional readings, images, etc. that you can use to supplement your learning.

## Course Requirements

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To earn a Certificate of Completion, you must complete the course requirements. Course requirements include:

1. Viewing the following for each lesson:

- **Reading:** Suggested readings that will supplement your learning.
- **Lectures:** 30-45 minute lessons that can be viewed as many times as needed.
- **Further Study:** Suggested further study that will help you dig deeper into the material.

2. Earning a 70% or higher score on each lesson Quiz and the Final Exam.  
Quizzes and the Final Exam will cover the material presented in the lectures.