

COURSE SYLLABUS

Ministering to Athletes and Their Families

Course Lecturer: Multiple Lecturers

Course Description

Sports ministry is a tremendous opportunity to directly impact the lives of athletes and their families and further the kingdom of God in doing so. But how? In this course, you will learn why it is crucial to be intentional about how you build relationships with the athletes you serve and their families and identify practical ways you can do this. You will also explore how to support athletes and their families in times of crisis and in the face of unique mental health challenges.

Course Objectives

Upon completion of this course, you should be able to:

- Explain the critical nature of building meaningful relationships with athletes and their families and identify practical ways to do so.
- Learn the role sports ministry plays for athletes and their families in times of crisis.
- Understand the many forms crisis can take and identify common reactions to trauma.
- Know practical ways you can respond to someone in a time of crisis.
- Understand the type of support and resources sports ministers need in order to effectively care for others.
- Describe the mental health challenges faced by today's athlete and how you can care for the mental health of the athletes you serve.
- Explain the role of social media in sports ministry and how you can use social media to further your ministry's purposes.

Course Lecturers



Lori Krueger

Education:

- Kansas State University, MA
- Indiana Wesleyan University, BA

Career Highlights:

- National Women's Soccer League, Volunteer Coordinator for NWSL chaplains

- WNBA and NWSL, Team chaplain
- Leader of women's ministry in her local church



George Gregory

Education:

- Duke University, MDiv
- North Carolina A&T State University, BA

Career Highlights:

- Los Angeles Chargers, NFL Chaplain

- Journey For Life, Founder and President
- Leader of Marriage, Saddleback Church
- Every Nation New York Church, Executive Pastor
- King's Park International Church, Senior Associate Pastor



Billy Mauldin

Education:

- Walker College of Business at Appalachian State University, BBA

Career Highlights:

- Motor Racing Outreach, President and Senior Chaplain



Tondra Gregory

Education:

- North Carolina State University, Master's in Counseling
- North Carolina A&T State University, BA

Career Highlights:

- Los Angeles Chargers, NFL Chaplain

- Journey For Life, Founder
- Leader of Marriage, Saddleback Church
- Nationally certified and licensed counselor specializing in relationships, marriage and family



Roger Lipe

Career Highlights:

- Nations of Coaches, Character Coach Director
- Saluki FCA at Southern Illinois University, Collegiate Representative
- Southern Illinois Miners, Chaplain
- No Greater Love Ministries, Leader and Administrator

Publications:

- Author of numerous books including *Front Lines: Becoming an Effective Sports Chaplain or Character*

Coach, Transforming Lives in Sport: A Guide for Sport Chaplains and Sport Mentors, Whistles and Wedding Rings: Devotions for Coaches and Spouses, The Competitor's Book of Prayer, Coaching: Our Family Business, Heart of a Champion: Devotions for People of Sport, and Free to Compete: Reflections on Sport from a Christian Perspective

Course Methods

Throughout this course, a number of methods will be used to engage you in understanding, processing and applying the information learned in this course to your life. These methods include the following:

- **Video-based teaching**
The primary teaching session in each lesson is provided in video format. If you do not have the bandwidth required to view the video, we provide the option of listening to the lesson or reading the lesson from a transcript.
- **Additional Resources**
Lessons may be accompanied by additional readings, images, etc. that you can use to supplement your learning.

Course Requirements

To earn a Certificate of Completion, you must complete the course requirements. Course requirements include:

1. Viewing the following for each lesson:
 - **Lesson Overview:** A brief outline of what the lecturer will cover in the lesson.
 - **Lesson Objectives:** Objectives describe the learning outcomes you should achieve by the end of the lesson.
 - **Lectures:** 15-minute lessons that can be viewed as many times as needed.
2. Responding to the discussion questions for each lesson.
3. Earning a 70% or higher score on each lesson Quiz and the Final Exam.
Quizzes and the Final Exam will cover the material presented in the lectures.